



[www.lascolinascounseling.com](http://www.lascolinascounseling.com)

1075 Kinwest Parkway, Ste 107

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### Client Information

Today's Date: \_\_\_\_\_ Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security: \_\_\_\_\_ Email: \_\_\_\_\_

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

*Please indicate where we may leave a message* Home: \_\_\_ Cell: \_\_\_ Email: \_\_\_

Address: \_\_\_\_\_

City & State: \_\_\_\_\_ Zip: \_\_\_\_\_ Sex: Male \_\_\_ Female \_\_\_

Marital Status: Single: \_\_\_ Relationship: \_\_\_ Married: \_\_\_ Separated: \_\_\_ Divorced: \_\_\_ Widowed: \_\_\_

Name of Spouse/Sig. other: \_\_\_\_\_

Children's Name(s) & Age(s) & Father/Mother of Children: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ City: \_\_\_\_\_

Employer: \_\_\_\_\_ Insured through Employer: Yes: \_\_\_ No: \_\_\_

Medical Insurance Co: \_\_\_\_\_ Member/Subscriber ID#: \_\_\_\_\_

Primary Insured's Name & Date of Birth: \_\_\_\_\_

### Emergency Contact

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Relationship: \_\_\_\_\_

### Health Information

Please rate your health: Very Good \_\_\_ Good \_\_\_ Average \_\_\_ Declining \_\_\_

Recent weight changes: Lost \_\_\_ Gained \_\_\_

Date of Last physical exam: \_\_\_\_\_ Report from most recent exam: \_\_\_\_\_

List all important past or present injuries, illnesses or disabilities: \_\_\_\_\_

Are you currently taking any medication? Circle: **YES** **NO** Prescribed by: \_\_\_\_\_

If yes, please list them with dosages: \_\_\_\_\_

Have you ever used drugs for other than prescribed medical purposes? Circle: **YES** **NO**

If yes please list them: \_\_\_\_\_

Have you ever had a severe emotional event? If so, please explain: \_\_\_\_\_

Have you ever terminated a pregnancy? If yes, when? \_\_\_\_\_

Have you ever had a miscarriage? If yes, when? \_\_\_\_\_

### Religious/Faith Background

Current Faith involvement: \_\_\_\_\_

Please explain any recent changes in your spiritual life \_\_\_\_\_

**Other Information**

Are you willing to complete and sign a release of information so that your counselor may obtain social, psychiatric, or Medical information? *Circle: YES NO*

Have you ever been arrested? *Circle: YES NO*

If yes, please explain: \_\_\_\_\_

Have you recently suffered loss from serious personal, social, business, or other reversals? *Circle: YES NO*

If yes, please explain: \_\_\_\_\_

Have you ever been the victim of a crime? *Circle: YES NO*

If so, have you filed with Texas Crime Victims Compensation? *Circle: YES NO*

Identify any previous marriages: \_\_\_\_\_

Identify any history of psychiatric/emotional/drug or alcohol problems and treatments in your **current family** and in your **family of origin**: \_\_\_\_\_

\_\_\_\_\_

*How did you hear about Las Colinas Counseling Center?* \_\_\_\_\_

Education (Highest level completed): \_\_\_\_\_

Have you ever had any counseling or therapy before? *Circle: YES NO*

Outcome: \_\_\_\_\_

Please list names/dates of counselors: \_\_\_\_\_

Have you ever been in a residential or outpatient program for chemical dependency or psychiatric treatment?

*Circle: YES NO*

If yes, please list facility, dates, and indicate if you completed the program successfully:

\_\_\_\_\_

\_\_\_\_\_

**Please circle any** of the following that describe your current thoughts & behaviors:

- |                       |                      |                              |
|-----------------------|----------------------|------------------------------|
| Aggressiveness        | Mood Changes         | Loss of Appetite             |
| Anger                 | Nightmares           | Nail Biting                  |
| Anxiety               | Panic Attacks        | Nervous Laughter             |
| Confusion             | Racing Thoughts      | Lack of Self Care/Appearance |
| Crying                | Restlessness         | Procrastinating              |
| Depression            | Suicidal Thoughts    | Pacing                       |
| Feeling Helpless      | Compulsiveness       | Smoking                      |
| Irritability          | Grinding Teeth       | Tapping                      |
| Impulsive             | Hair Chewing/Pulling | Use of Alcohol               |
| Lack of Concentration | Lateness             | Use of Drugs                 |

## Acknowledgement of Receipt of Notice of Privacy Practices & Consent

I have received the office’s Notice of Privacy Practices, which explains how my medical information will be used and disclosed. I understand that I am entitled to receive a copy of this document. (See HIPAA packet included for more details.)

**Please READ and SIGN in the spaces provided below:**

- I hereby consent for therapeutic services provided by Las Colinas Counseling Center, P.A.
  
- I authorize Las Colinas Counseling Center, P.A. and its agents to release information about me necessary to obtain insurance benefits and/or to receive payment and I understand that my signature requests insurance payments be made.
  
- I agree to provide the most up to date insurance information as soon as it is known, and am aware that I will be responsible for balances owed in the event this information is not provided within the insurances timely filing parameters.

|                                               |                                 |
|-----------------------------------------------|---------------------------------|
| Client’s Printed Name                         | Parent/Guardian (if applicable) |
| Client’s Signature (Parent/Guardian if minor) | Date                            |

### Spouse & Significant Other Communication: *(optional)*

*Due to HIPAA rules and guidelines we are required to obtain authorization from you in order to provide information regarding scheduling & payment to anyone other than yourself. In the event you wish to share information other than scheduling and payment, we require a more detailed **release of information form**. Please inform your therapist, and/or an administrative staff in the event this is the case.*

Please print **their** name, giving **your** consent by initialing **one or both** if you wish to provide your spouse or significant other access to these services. This will expire in one year from today’s date \_\_\_/\_\_\_/\_\_\_ unless specified otherwise.

- *I authorize Las Colinas Counseling Center, P.A. to provide information to:*

|                                                         |                                              |
|---------------------------------------------------------|----------------------------------------------|
| PRINTED First & Last name (of Spouse/Significant Other) | Date of Birth (of Spouse/ Significant Other) |
|---------------------------------------------------------|----------------------------------------------|

regarding **scheduling** \_\_\_\_\_ & **payment** \_\_\_\_\_ only.  
Your initial
Your initial

## Credit Card Authorization

Las Colinas Counseling Center requires all clients to provide a Credit Card on file for billing purposes.

*This form authorizes Las Colinas Counseling Center to keep the following information on file for all services rendered including late cancellation/missed appointment fees, anything not covered by your insurance plan, as well as any other additional charges outside of my session fees.*

**Please READ and SIGN in the space provided below:**

- I understand and agree that I am ultimately responsible for co-pays, deductibles, and/or the balance on my account for any professional services rendered.
- I understand that I am ultimately responsible to give a 24 hour notice in the event a scheduled appointment needs to be canceled and/or changed.
- I authorize Las Colinas Counseling Center, and it's agents to charge my card on record in the event I cancel a scheduled appointment with less than 24 hour notice.
- I authorize Las Colinas Counseling Center, and its agents to charge my card on record in the event that I miss a scheduled appointment & neglect to give any notice.

*(See HIPAA packet included for more details)*

**Type of card:** Circle one: **Master card / Visa**

Card number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Security Code (3 or 4 digits on back of card): \_\_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Permission given over the telephone \_\_\_\_\_ (Admin or office staff Initial)

Electronic Receipt Requested: Y \_\_\_ N \_\_\_

If yes, E-Mail (of Payer): \_\_\_\_\_

*If someone else is paying on behalf of the client, please include a **signed release form** and the following:*

Client's Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Reason: \_\_\_\_\_

Please inform us prior to the start of the appointment if you wish to update your card on record, or use an alternative form of payment. Thank you!

\_\_\_\_\_  
Client's Printed Name

\_\_\_\_\_  
Parent/Guardian (if applicable)

\_\_\_\_\_  
Client's signature (Parent/Guardian if minor)

\_\_\_\_\_  
Date

## Consent to Email or Text Usage

### For Appointment Reminders and Other Healthcare Communications

If at any time I provide an email or text address at which I may be contacted, I consent to receiving appointment reminders and other healthcare communications/information at that email or text address from Las Colinas Counseling Center.

Please **READ** and **SIGN** in the space provided below.

- I consent to receive text messages from the practice at my cell phone and any number forwarded or transferred to that number or email to receive communication as stated above.
- I understand that this request to receive emails and text messages will apply to all future appointment reminders/feedback/health information unless I request a change in writing (please request revocation form from administrators).
- I understand that I can respond to the email or text message to confirm my appointment. I understand that I cannot respond to the electronic communication to cancel or change my appointment.
- I understand that if I need to cancel I must call the office one day before my scheduled appointment. I understand that failing to respond to the email or text message does not mean my appointment has been canceled. I understand that I may leave a voice message if I unable to reach the office staff directly.
- I understand that this is a service offered as a convenience, and understand I am ultimately responsible for any missed appointment fees regardless of whether I receive an electronic reminder or not.

Please choose the form of reminder you wish to receive: **Circle one only:** TEXT or E-MAIL

The cell phone number that I authorize to receive text messages for appointment reminders, feedback, and general health reminders/information is \_\_\_\_\_.

The email that I authorize to receive email messages for appointment reminders and general health reminders, feedback, information is \_\_\_\_\_.

\_\_\_\_\_  
Client's Printed Name

\_\_\_\_\_  
Parent/Guardian (if applicable)

\_\_\_\_\_  
Client's Signature (Parent/Guardian if minor)

\_\_\_\_\_  
Date

**The practice does not charge for this service, but standard text messaging rates may apply as provided in your wireless plan (contact your carrier for pricing plans and details).**

*I have received the office's Notice of Privacy (HIPAA document attached) which explains cancellation fees and additional charges outside of my session fees. I understand that I am entitled to receive a copy of this document, and can always obtain a copy when and if needed.*